



OPEN MIXED FOURS ENTRY FORM

Shoreham Rowing Club Open Day Notes:

- All entries must be returned to:
chairman@shorehamrowingclub.co.uk
or handed directly to Thomas Faith at the club
- Entries are given on a first-come-first-served basis
- Only entrants with little or no rowing experience will be accepted.

Format and timetable:

9am – NOVICE Crew registration

9.15am - Safety briefing

9.30am - 2pm – NOVICE CREW TRAINING

During the day there is an 200m Ergo Sprint Ergo Competition. Five categories to enter

Boats available all day for practice (2 crews at once)

BBQ and some sandwiches will be on sale all day from 9.30am

2.00pm - Racing!

Crews will race in against one another in heats and semi finals and a final (4 boats per heat)

4.30pm - Prize giving prizes for 1st and second place crews will be given out.

Bar will remain open until 5pm

The Small Print:

Fun regatta is an Open event anyone above the age of 16 may enter. However we do not have facilities within the club to allow entrants with disabilities or special needs therefore all entrants must be capable of taking instruction and able bodied.

We reserve the right to refuse entry to or to remove from the event anyone we (the club committee) deem incompetent, unable to row for any reason or anyone who is a disruptive influence on the event. All monies passed to the club by entrants are non-refundable whether they compete or not.

In the event of bad weather we may be required to cancel the regatta at short notice in this unlikely event we will re-schedule for the next available date – given tide and port restrictions. If the event is cancelled and is not able to be re-scheduled refunds on entry fees will be given upon request from a named entrant.

You may register a team by e-mail and bring the signed form on the day if necessary

Requirements for entry:

1. Must be over 16
2. Must be able bodied
3. Must be in good health and have notified the club of any medical conditions.
4. Must have signed the disclaimer

Entry form and details:

Cost £4.00 PER CREW MEMBER

Club Name:

Choose a name for your crew

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Participant Names:

Enter the full names of all crew members below:

1.....

2.....

3.....

4.....

Notes on your crew:

Who are you? A few short words describing your crew

Do any of the crewmembers have any medical conditions we need to be aware of? (circle as appropriate):

YES NO

If yes please specify (note small print)...

Do any of the crew members have any disabilities we need to be aware of? (circle as appropriate):

YES NO

If yes please specify (note small print)...

Contact details:

The Fun regatta event will be weather dependent. A weather call will be made 24hours prior to the start of the event – please provide the best contact number for your crew:

Contact no.....

Disclaimer:

Competitors participate in the regatta entirely at their own risk. Shoreham Rowing Club, Shoreham port, sponsors, and all other affiliated organizations and individuals, will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

Signed:

1.....

2.....

3.....

4.....